

## GASTROENTEROLOGY CARE

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### Flexible Sigmoidoscopy/ Rectal EUS

This test requires you to have nothing to eat or drink after midnight.

On \_\_\_\_\_ take 1 fleets enema 2 hours prior to leaving for appointment. Hold enema for 20 minutes before expelling.

Use 2nd fleets enema 45 minutes prior to leaving for appointment. Hold enema for 20 minutes if possible before expelling.

\*(You may purchase the fleets enema over the counter)

#### **MEDICATIONS**

Do not take NSAIDS, Aspirin, Iron, or Vitamins plus Iron for 5 days prior to your procedure. Stop Plavix, Pradaxa, Effient or Xarelto 5 days prior to your procedure. Coumadin or Warfarin should be stopped for 3 days or Eliquis 2 days prior \*. **Take your medications for Blood Pressure, Heart, Anxiety, Seizure and Asthma/Lung the morning of your procedure with just enough water to get the medication down, less than 3 ounces.** Bring Inhalers with you. If you are Diabetic, DO NOT take your pills the morning of your procedure. For Insulin, take half of your usual dose the day before, then none on the day of your procedure. **Check your blood sugar the morning of your procedure. If it is high, call our office so we can give individual instructions.** If you are on dialysis, you must be dialyzed the day before your procedure.

**If you choose to be sedated, you will need a driver. Cabs are not an option.**